

Date _____ Subject _____

Name _____

Thinking It Through ...

Achieving My Potential

Setting Goals

I would like to work on... ▼

- Developing an understanding of how I feel about an issue and the values that are important to me
- Identifying my strengths and areas where I need improvement
- Becoming more aware of how my actions impact my successes and difficulties
- Expressing my opinion or choices
- Setting personal, academic and career goals
- Persevering in my plan to achieve these goals
- _____

Action Plan

I will ... ►

...to meet my goals.

When I ►

Self-Evaluation

During this project I ... ▼

- Achieved the goal(s) I set for myself
- Persevered and used strategies to help me overcome challenges and meet my goals
- Communicated my choices to others
- Understood how culture influenced my decisions
- _____
- _____

In the future, I will work on ... ►

Teacher Feedback ►

My overall assessment ►

- I met most of my goals I met some of my goals I did not meet my goals

