

Date \_\_\_\_\_ Subject \_\_\_\_\_

Name \_\_\_\_\_

# Reflecting on Achieving My Potential

I set the following goals for myself ▼

**Short-Term Goals** ▶

**Long-Term Goals** ▶

**How did I do? Did I accomplish** my short-term goals?  
**Am I on the right track** to accomplishing my long-term goals? ▶

**What is it about myself** (my personal characteristics)  
**that helped me** to achieve my goals? ▼

**What strategies or tips have my teachers** or peers suggested to help me achieve my fullest potential? ▲

**What is it about myself** (my personal characteristics)  
**that made it difficult for me** to achieve my goals? ▲

