

Date Subject

Name

Reflecting on Communicating Appropriately

What questions did I ask myself to analyze the communication situation? ▼

What process did I go through to create my message? ▼

What strategies did I use to help me improve the way I communicate my message? ▼

Some things that worked really well and I'll use next time are ... ►



Some things that I would avoid using next time are ... ►

My future goals are ... ►