EXPLO
Exploration of Vocational Training

Name: _____

Date: _____

□ Teacher	□ Self	□ Peer	□ Parent

Person evaluating: _____

Know Yourself *More* | Evaluation of Progress

Part ❶ *One suggestion I have which would help this EXPLO 'Knowing Yourself More' process is:*

Part ❷ A good 'Knowing yourself more' process…	YES	SOME	NO	N/A
Determines the characteristics of yourpersonal profile (learning styles, talents, preferences, etc) based on a variety of activities.				
Develops a method to record information about yourself.				
Makes connections between your personal profile and the trades or occupation explored to better define your level of interest.				
Adjusts your perceptions of trades according to new information learned from vocational explorations, experiences, reflections and discussions.				
Considers your interest in vocational training opportunities.				

Part ❸ Evaluation Summary	YES	SOME	NO
This 'Know Yourself *More*' process is a clear indicator that the student is making connections with self and vocational training possibilities.			

MELS working document
EXPLO_Knowyourselfmore_eval_checklist_model.doc