

Date.....

Name.....

Reflecting on Achieving My Goals



Updates his/her personal profile:
Re-examines his/her personal qualities

I set the following goals for myself ▼



Short-Term Goals ▶

Long-Term Goals ▶

How did I do? Did I accomplish my short-term goals?
Am I on the right track to accomplishing my long-term goals? ▶

What is it about myself (my personal characteristics)
that helped me to achieve my goals? ▼

What discoveries have I made that will help
me achieve my fullest potential? ▲

What is it about myself (my personal characteristics)
that made it difficult for me to achieve my goals? ▲

